



NOVEMBER 2007

BRADY REGISTER

BRADY HEIGHTS NEIGHBORHOOD ASSOCIATION, INC.

Everything You Need to Know: The Thanksgiving Turkey

from fabulousfoods.com and usda.gov

Since so many folks are intimidated by the prospect of cooking a turkey, we went to the experts for the lowdown. Sherrie Rosenblatt of the National Turkey Federation says the Open Pan dry heat method of roasting a turkey is the easiest and most reliable way to insure turkey success. This method results in a juicy, tender, flavorful golden brown turkey.

And from the USDA, here are some hints for finding the perfect bird for your celebration. If you're buying a frozen turkey, allow 1 lb. per person and keep frozen until ready to thaw. (Hint: don't do what I did the first year Thanksgiving was at my house and wait until the day of to thaw the bird. It takes longer than you would ever imagine.) If you're buying a frozen pre-stuffed bird, allow 1 lbs. per person. Again with the thawing. If you're buying a fresh bird, allow 1 lb. per person and buy it 1-2 days before cooking. Don't buy a fresh bird stuffed, unless you enjoy botulism.

Now how to cook the bird. First, set the oven temperature no lower than 325 F to avoid potential food safety problems. Second, place turkey breast-side up on a rack in a shallow roasting pan. Do not roast the turkey in a brown paper grocery bag. Present day grocery bags may be made of recycled materials and are not considered safe for food preparation. For uniform results, it is recommended to

cook stuffing outside the bird. If stuffed, stuff loosely. For safety and doneness the internal temperature, as registered on a meat thermometer, must reach a minimum of 180 F in the thigh before removing from the oven. The center of the stuffing should reach 165 F after stand time. If the bird is done, the juices should be clear.

Wash hands, utensils, sink and anything else that has contacted raw turkey with hot, soapy water. Finally, let the cooked turkey stand 20 minutes before removing stuffing and carving.

That said, here is an approximate turkey roasting timetable.



Cut and save

Timetables for turkey roasting

Use the timetables below to determine how long to cook your turkey in a 325° oven.

These times are approximate. Always use a food thermometer to check the internal temperature of your turkey and stuffing.



Unstuffed

4 to 8 pounds (breast) – 1 1/2 to 3 1/2 hours
8 to 12 pounds – 2 3/4 to 3 hours
12 to 14 pounds – 3 to 3 3/4 hours
14 to 18 pounds – 3 3/4 to 4 1/4 hours
18 to 20 pounds – 4 1/4 to 4 1/2 hours
20 to 24 pounds – 4 1/2 to 5 hours

Stuffed

6 to 8 pounds (breast) – 2 1/2 to 3 1/2 hours
8 to 12 pounds – 3 to 3 1/2 hours
12 to 14 pounds – 3 1/2 to 4 hours
14 to 18 pounds – 4 to 4 1/4 hours
18 to 20 pounds – 4 1/4 to 4 3/4 hours
20 to 24 pounds – 4 3/4 to 5 1/4 hours

Upcoming Brady Heights Events

There will be no regular meeting of BHNA in December. Instead, join everyone for the annual BHNA Christmas Party. Details to be provided in the December newsletter.

In January BHNA will hold its Annual Business Meeting on the second Saturday, January 13, 10 am, at Centenary United Methodist Church, rather than on our normal date. Brunch

is provided! The agenda will include officer elections for 2008 as well as recognition of the winner of the Wess and Kathryn Young award for 2007.

***Nov. 20, Tues., 7 pm, BHNA monthly meeting
Centenary United Methodist Church***

www.bradyheights.org

Living Arts of Tulsa - November Events

Mind Over Matter – ArtCore Studios Fall Project Presentation – Saturday, Nov. 10, 7-9 pm – “Mind Over Matter” is an interactive installation which guides the viewer through a gigantic human body filling the gallery. Viewers walk thru the maze like vein system, which takes them to each unique body part which each student worked on individually. Veins will continue guiding you through the body until you arrive at the brain, which is the highlight of this collaborative installation. After brainstorming the concept for the project “Mind Over Matter”, seven studio sessions along with scientific research has prepared the middle and high school students from the greater Tulsa area to explore not only the exterior of the human body but also it’s internal mechanisms. ‘Mind Over Matter’ is truly an experience not to miss. The presentation for this project is open for one night only November 10th, from 7-9 pm. Admission is free. This project is made possible with assistance from the Oklahoma Arts Council and is coordinated by Laurie Keeley.

Champagne & Chocolate – Living Arts Holiday Art Sale and Silent Auction – Saturday, Nov 17, 6-10 pm. Living Arts of Tulsa presents “Champagne and Chocolate” Holiday Art Sale and Silent Auction – one night only, Saturday, November 17, 6-9 pm at Living ArtSpace and Liggett Studio. This year we have selected over 45 of the best artists from

Oklahoma and beyond to present their best work for sale or auction at this Gala event. The Holiday Art Sale will include great artworks (everything from paintings to pewter vessels, jewelry to turned wood, photography to pottery) all of which will be priced for the holidays. For more information about the artist consult our website: www.livingarts.org or call 918.585-1234. The Silent Auction starts at 6 pm with one group of artists’ works closing at 8 pm and another group of artists’ works closing at 9 pm. And this year each item will have a “Buy It Now” amount which allows the buyer to take the work immediately. The evening will also be graced by Oklahoma City’s Rampage Gallery’s Ceramic Corset Models exhibiting Nicole Moan’s fabulous ceramic corsets and allowing attendees to “tie one on” themselves. And of course the evening will feature free champagne and chocolate from some of Tulsa’s best chocolate makers as well as a cash bar. Admission is \$10. All proceeds benefit Living Arts programs which last year alone paid over \$60,000. in artist fees!

Found Sound Noise Orchestra Workshop – by Austin Giles, Nov 26-30, 4-6 pm. This is an environment where young people can create and perform original music in a group setting with no previous experience. Students will focus on all forms of percussion, including traditional drum set, found objects,

created items, and hand drums. Students with a previous background in music will find new ways to approach their instrument, song structure, and their role within an ensemble. The Noise Orchestra will culminate in a live performance. This is a one week intensive with Austin Giles of the Red Headed Step Children. Cost: \$50 (some scholarships are available depending on financial need). Held at Liggett Studio, 314 S Kenosha Ave. To enroll, contact Scott Hiberling, Youth Activity Center Director for Youth Services of Tulsa at sheberling@yst.org or 382-4427. For middle & high school age students. More at: <http://myspace.com/redheadedstepchildren>

Here’s Your Change – SuperOVUM performs improvisational comedy on Saturday, November 30th at 8 pm. SuperOvum, Tulsa’s only long form, all female, comedy improv troupe is back, for an evening of laughs coupled with social consciousness. Just in time for the holiday season, these funny ladies will explore the multi layered topic of “consumerism” in their new show, "Here's Your Change". As always SuperOVUM invites the audience to participate in the fun. If you don't laugh we'll dress you like a monkey and play the barrel organ!!! Tickets at the door will be \$8. For more information call 585-1234.



Tulsa Preservation Commission NOTICE

If you are planning updates to your home you will need a Certificate of Appropriateness for any action to the viewable exterior, other than painting.

Contact the Preservation Commission at 596-2600 or visit their website: tulsapreservationcommission.org

Classified advertisement form

Business name: _____

Phone #: _____

Best time to contact: Morning – Afternoon – Evening

Business address (if applicable): _____

Business activity (house-sitting, lawn service, plumbing, etc): _____

Discount offered (ex. 10-20% off first purchase or order, free dog wash with grooming, free dessert with meal order, first hour babysitting free, etc). Expiration date (if desired).

Jesse Aycock Named Spot Music Awards' "Best Songwriter"

The people voted and the winners of the Spot Music Awards were announced in mid-October. The event, often described as the Grammys of northeastern Oklahoma, celebrated current music as spectators rubbed shoulders with artists of all genres, from hip-hop to country. The masters of ceremonies were Greg Kosack and Chuck Stikl of KMYZ, 104.5 FM. Stikl started the show by reminding the crowd that "just being nominated is an honor in itself. . . It's amazing how much music has grown in this town."

Among the winners, Brady Heights' own Jesse Aycock who beat Susan Herndon, T.J. McFarland, Phillip Zoellner and Wade Burrow. "I didn't expect this," Aycock said. "There are a lot of good bands in town . . . and this is a great time to be living in Tulsa." Says the Spot Awards, "Not only does he master vocals, acoustic and electric guitars, lap and pedal steel guitars, bouzouki, dobro, piano and, yes, washboard on his "Life's Ladder" CD, his songwriting is as hauntingly, heart-achingly spot-on as anything David Crosby or Neil Young could imagine."



North Tulsa – Primed for Growth

from tulsaworld.com

The closing of Albertsons at Pine Street and Peoria Avenue has renewed debate about the lack of grocery and retail stores in north Tulsa and how the community can attract, and keep, the businesses its residents need. Community leaders say businesses that understand north Tulsa's needs can be successful and bring retail to the area.

Reuben Gant, president of Greenwood Chamber of Commerce, said north Tulsa needs to market itself better. People tend to associate north Tulsa with crime statistics instead of business opportunities, and most don't come to the community to find out for themselves what it's like, he said. The need for places to shop in north Tulsa is large, Gant said, and residents don't want to drive to midtown or further to buy milk and bread. The closing of Albertsons hurt, he said. "We just need basic shopping needs," Gant said.

But the time may be right for north Tulsa. The City has expanded almost as far as it can west and south, leaving north Tulsa in a good position for development, and Gant has ideas for sparking that process, he said. It starts with the Greenwood Chamber acquiring property from the City of Tulsa between Elgin Avenue and the Greenwood business district and Archer Street and Interstate 244. Gant hopes to develop the area with residences, retail and hospitality uses. Greenwood will never be the way it was in looks, but it can be just as good in vibrancy and opportunity," Gant said.

Tulsa City Councilor Jack Henderson, whose district includes north Tulsa, said the Tulsa Metro Chamber needs to help the community market itself if it is going to attract more retail. "The land mass is there," he said. "We have beautiful areas for all kinds of opportunities." Family-

owned businesses are important, but north Tulsa also needs larger businesses, he said. "We need to attract businesses outside our community, too," he said.

The Osage Million Dollar Elm Casino, 951 W. 36th St. North, could be a catalyst for development in north Tulsa, said Osage Nation Chief Jim Gray. Infrastructure improvements such as the widening of 36th Street North could attract businesses and retailers to locate in north Tulsa, he said. "The area seems a lot more pro business than it has been in the past," Gray said. Osage Nation recently hired the Tulsa public relations firm Goodwin and Grant to form focus groups that will help the nation understand and respond to concerns and interests of north Tulsa, said Jerry Goodwin, consultant for the firm. Gray said the Osage Nation wants to cooperate with north Tulsa. "It's seems like the situation is ripe," he said.

Calendar

Nov. 20, Tues., 7 pm – BHNA monthly meeting, Centenary Methodist.

December BHHD Christmas Party. Details to be provided in the December newsletter.

January 13, Sat., 10 am – BHNA annual business meeting at the Centenary United Methodist Church.

BHNA Membership is open to residents, property owners, churches, and businesses within Brady Heights. Annual dues are \$10 per year and tax-deductible donations are gladly accepted. To support BHNA, with dues or donations, make your check or money order out to BHNA and send to:

Richard Barnett
c/o BHNA 904 N. Cheyenne Ave,
Tulsa, OK 74106.

Or come to the next BHNA monthly meeting, join up, and get to know your neighbors. Make this year the year you get involved and make a difference in your community – beginning here in Brady Heights!

2007 BRADY HEIGHTS OFFICERS

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Tulsa Preservation Commission: 596-2600
BHNA Representative: Tim Williams

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BHNA Representative: Anthony Clark

Celebrating Thanksgiving

from "Lincoln's Greatest Speeches"

We've all heard of the pilgrim's plight and the first Thanksgiving. But in 1863 Abraham Lincoln made our celebration an official holiday with a Proclamation of Thanksgiving, reprinted in part here. The words ring true today as much as in Lincoln's time.

"The year that is drawing toward its close, has been filled with the blessings of fruitful fields and healthful skies. To these bounties, which are so constantly enjoyed that we are prone to forget the source from which they come, other have been added, which are of so extraordinary a nature, that they cannot fail to penetrate and soften even the heart which is habitually insensible to the ever watchful providence of Almighty God . . . No human counsel hath devised nor hath any mortal hand worked out these great things. They are the gracious gifts of the Most High God, who, while dealing with us in anger for our sins, hath nevertheless remembered mercy. It has seemed to me fit and proper that they should be solemnly, reverently, and gratefully

acknowledged as with one heart and one voice by the whole American People. I do therefore invite my fellow citizens in every part of the United States . . . to set apart and observe the last Thursday of November next, as a day of Thanksgiving and Praise to our beneficent Father who dwelleth in the heavens. And I recommend to them that while offering up the ascriptions justly due to Him for such singular deliverances and blessing, they do also, with humble penitence for our national perverseness and disobedience, commend to His tender care all those who have become widow, orphans, mourners, or sufferers in the lamentable civil strife in which we are unavoidably engaged, and fervently implore the interposition of the Almighty hand to heal the wounds of the nation and to restore it as soon as may be consistent with the Divine purposes to the full enjoyment of peace, harmony, tranquility, and Union."

- Abraham Lincoln, Oct. 3, 1863

Seeking Nominees for Wess and Kathryn Young Award

The Wess and Kathryn Young award is given annually by BHNA to recognize individuals with a long-term contribution to the community and to Brady Heights. Nominations for the award are now being taken from the neighborhood at large. A vote will then be conducted by the board of BHNA to determine a winner. The

winner will be recognized with a plaque at the 2007 Annual Business Meeting on Saturday, January 13. Please call 592-9135 any time in November and leave a message with your nomination. Nominations will be closed at the end of November.

Your Realtor, Your Brady Heights Neighbor

bradyheightsrealtor.com

KELLER WILLIAMS
REALTY

Anthony Clark 918-851-1272