



MARCH 2008

# BRADY REGISTER

BRADY HEIGHTS NEIGHBORHOOD ASSOCIATION, INC.

## ***District 1 City Councilor Vote Tuesday March 4***

*from Tulsa World 3/2/08*

Democratic voters will decide who will be the District 1 city councilor during Tuesday's municipal primary elections. In District 1, of which Brady Heights is part, the incumbent, Jack Henderson, faces two challengers – Emanuel Lewis and Mike McConnell. All three men are Democrats. No Republicans filed for the seat.

The district is overwhelmingly Democratic, with 15,335 registered members of the party, compared with 3,234 Republicans and 2,305 independents. Henderson, 57, is seeking a

third two-year term. He is a retired AT&T employee and a former head of the local chapter of the National Association for the Advancement of Colored People.

McConnell, 41, owns Crown Hill Cemetery, and Lewis, 36, is a mortgage banker. Both men have criticized Henderson's leadership.

"What we need in north Tulsa is real economic and financial growth, and Jack Henderson is not the one to get it done," McConnell has said. Lewis said he was disappointed with Henderson. "He's too

concerned about the size of his pay and his office. There's no fruits of his labor. North Tulsa looks the same as when he got the job," he said.

Henderson has said that he is "under fire" because he opposed a proposed tax for river projects last year. "There are people who would like to see me out of office because of that, but I stand behind my position," he told the Tulsa World. "When we're struggling to get a grocery store in north Tulsa, we can't be thinking about luxuries like that," he said.

## ***Tree debris moving out of Brady Heights***

Ice storm debris removal work continues throughout Tulsa with 15,423 cubic yards of trees removed on February 28 alone, bringing the total since operations began in early January to 2,313,509 cubic yards. That is enough to cover 361.5 football fields three feet deep. The contractor reported that the second pass is nearing completion and a third pass will begin sometime in early March. Tulsa residents be given as much as a week in which to haul remaining debris to the curb before the third pass begins. Work on the second pass will continue for several more days, he said.

The mulch-grinding contractor Thursday hauled 3,190 cubic yards of wood chips to a rural disposal site where it is being mixed with topsoil. So far

some 76,944 cubic yards have been hauled away from the Johnson Park temporary disposal site. That is enough to cover a dozen football fields with wood chips three feet deep.

The city is paying \$3.79 per cubic yard for hauling (which, if you're in the business, is a bargain) and the total bill so far is \$8,768,199 and growing. The City expects that about 87% of the debris removal costs will be reimbursed by the federal government through the Federal Emergency Management Agency (FEMA).

Anyone with questions or who believes their property was missed when haulers worked on their streets can report it to the Mayor's Action Center by calling 596-2100.



***Monthly Brady Heights Neighborhood Meeting***

***Saturday, March 15, 10 am***

***Centenary Methodist Church, Golden and North Denver***

[www.bradyheights.org](http://www.bradyheights.org)

## **LIVING ARTS: New Genre Festival XV, March 6-9**

New Genre refers to non-traditional forms of art, which are experimental and fresh. The New Genre Festival presents a diverse range of artists, many of whom cross disciplinary lines, to create exciting new art works. These works push the limits of traditional media while incorporating the new media made possible by today's technology.

Since 1969 Living Arts of Tulsa has been steadfast in its mission of presenting and developing contemporary art forms in Tulsa. Living Arts is interested in newly evolving ideas and concepts, in the creation of art forms, in exploring the relationship of art to other disciplines and fields of knowledge, and in sharing its interests with the community through creative workshops, performances, exhibitions, film/videos, demonstrations of current art, lectures, related educational activities and research. Living Arts achieves its mission by fulfilling two goals: 1) To bring outside artists and works to Tulsa who are pushing their media to its limit and, 2) To present opportunities and challenges for local artists to develop and present new, exploratory works which are not normally seen in Tulsa.

New Genre XV Festival Passes are \$55. (\$50 Members and \$40. Students with ID) and allow the wearer to enter all events both weekends free of charge (over \$80 value!). Purchase festival passes or become a Friend of New Genre on line at [www.livingarts.org](http://www.livingarts.org) or by sending your check to Living Arts of Tulsa, 308 S Kenosha Ave, Tulsa, OK 74120. Admission at each venue is also available without a festival pass.

### **Grand Opening of this year's Festival Thursday, March 6**

**5-7 pm – Track and Trolley,**

Installation/Performance by Glenn Davis

**8 pm – Compromised Transitions New Music and Dance Work** by Giants of Gender, The Ethyl Lab (305 S Kenosha) \$10 (\$7 Student)

### **Friday, March 7**

**4 - 8 pm – Secret Ceremony #5: Out Like a Lamb, Duration Installation/Performance,** by Rochelle Fabb, Chrysalis Spa

**4-7 pm – Imagescape: Soundscape: Landscape** by Ursula Scherrer and Michelle Nagai Liggett Studio \$15 (\$10 Student)

**5-7 pm – Art 2.0 Interactive Installations** by Geoffrey Hicks

**8 pm – Warped Like Space and Time Physical Music Performance** by LelaVision Doenges Theatre, PAC \$20 (\$15 Students)

**8 pm – Compromised Transitions New Music and Dance Work** by Giants of Gender/Nightingale Theatre \$10 (\$7 Student)

**10 pm – New Genre Performance Cabaret** Nightingale Theatre \$10 (\$7 Student)

### **Saturday, March 8**

**1-7 pm – The Kenosha Kluster** A new event for New Genre which includes several installations and performance works along Kenosha Ave near Living ArtSpace.

### **Sunday, March 9**

**2 pm – New Genre Video Matinee** Experimental Videos Screening, Circle Cinema, \$7 (\$5 Students) The Most Experimental New Videos by artists from around the world and the winners.

## **Free Neighborhood Plant Exchange in April**

As any gardener can tell you, gardening can be an expensive hobby. There's soil aid, peat moss and manure to purchase, mulch, and all those hoses and gardening tools – and that doesn't even include the plants and shrubs.

To help neighbors landscape their yards, Brady Heights will hold a free neighborhood plant exchange at the Brady Heights Community Garden in April. Bring seed pods you've collected, bulbs you've dug up, and all those potted volunteer plants and trees. There's no charge to participate, and neighbors are free to take as many plants as they have available space. The rules are simple: no weeds or unknown transplants and each plant or seed needs to be identified. The neighborhood plant exchange is a great way to meet new neighbors while beautifying the neighborhood for free.

Instead of digging up and throwing out those new seedlings, simply transplant them into a pot for the plant exchange. Be sure to add plenty of soil, and to keep the soil moist until the roots have a chance to develop. To identify the plant, cut a pointed plant tag from a cottage cheese lid. If you don't have enough plant pots, put your plants in yogurt, deli, or cottage cheese containers. Don't forget to pierce holes in the bottom of the container for drainage!

Divided bulbs are also excellent. This



is a great time to divide out daylilies, iris, or cannas. Did you know that forsythia will root from a cut budding limb? And, don't forget to include volunteer trees that have sprung up in your yard! Ground covers that have been pruned back will also work well – cuttings from ivy and creeping vinca can be placed directly in containers of water, until they develop new roots. Digging up an old rhubarb plant or wanting to get rid of a shrub? The plant exchange is perfect for disposing of no-longer-wanted shrubs.

You can also bring seed pods – such as lupine, coreopsis, honeysuckle, marigolds, and poppies. The seed pods can be stored in a clear plastic bag or a yogurt container, and should be properly identified.

More information will be provided in the April newsletter, but until then, look around your yard. Get some seeds started and we'll see you at the Brady Heights Community Garden!

## **Regreen Tulsa**

In the wake of December's ice storm, the City of Tulsa is looking to replant 20,000 trees to develop the City's urban forest. Besides being attractive, trees reduce storm runoff, prevent flooding and erosion, promote cleaner streams, improve air quality, reduce summer temperatures, and provide habitat.

If you would like to help regreen Tulsa, here are some ways to join in:

### **Volunteer your time to plant a tree by signing up online at:**

[www.cityoftulsa.org/regreen/index.asp](http://www.cityoftulsa.org/regreen/index.asp), call the Mayor's Action Center at 596-2100 or call Up With Trees at 610-8733.

### **Plant a tree – find the right tree for you at**

[www.cityoftulsa.org/regreen/TreeList.asp](http://www.cityoftulsa.org/regreen/TreeList.asp). Celebrate any occasion by responsibly planting a tree in your yard. Register the tree online and receive a ReGreen Tulsa E-Certificate of Recognition from Mayor Kathy Taylor.

### **Donate money to ReGreen Tulsa**

Your donation will go towards purchasing and maintaining 20,000 new trees. Donations must be designated. "ReGreen Tulsa" and sent to:

Tulsa Community Foundation,  
7030 S. Yale Ave, Suite 600, Tulsa, OK 74136  
918-494-8823



# Money Traps

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My husband loves to catch crawdads, or as they say in some circles, freshwater lobsters. His foolproof method of snagging these crustaceans is to place the cage behind it. As he waves his hand in its face, the creature's natural defense is to back up – right into the trap.

Like crawdads, it's all too easy to unknowingly back into a trap – especially when it comes to money. If not careful, the spending decisions we make could back us into a corner – or worse. . . debt. I've listed a few of the money traps I've managed to escape from; see if you recognize them in your own spending habits.

**Cell Phones.** I don't know about you, but I've been surprised by unexpected charges on my cell phone. What lessons has that cell phone contract taught me? First, I learned to make sure my cell phone plan met my airtime needs. If you choose a cheaper plan that offers fewer minutes, but then go over your minutes, you might pay more money than if you had purchased the plan offering more airtime.

I also learned to be mindful of the monthly or one-time charges for downloads (games, movies, songs), Internet connections and roaming charges. If you aren't convinced it won't add up, google news reports about Apple's iPhone; some shocked consumers received bills (over 3,000 pages long) that added up to thousands of dollars in roaming and Internet charges. Sure, this is an extreme example, but stop to think about how even an extra \$50 bucks a month can send you over budget.

**Fast Food and Frappuccinos.** As a soccer mom who sometimes spends the entire day driving kids around, I'm often tempted to forgo cooking at home and pull into the local drive through. What I notice if I do this too much, however, is that my food bill skyrockets. The same is true with my mocha craving. One too many of these specialty coffee drinks gives me an empty wallet and expanded waistline.

To combat these temptations, I've learned to look for creative time and money-saving alternatives. For example, freezing a double batch of lasagna or enchiladas saves loads of time. Defrost the meat and tada! It's a fast food meal without the drive-thru cost. I'll find an equally tempting option when that mocha craving

hits. I mix my own delicious coffee drink to keep my monthly budget on track. I buy my coffee on sale, mix it with some powdered chocolate and low fat milk, and enjoy my snack at half the cost. . . and half the calories.

**Shopping.** Face it, we can't avoid this task (or hobby to some) altogether. Still, shopping doesn't have to turn into a snare for overspending. We're most often trapped when we buy stuff we don't really need. We go into the store with one item in mind; the next minute, our cart is full of items we never planned on purchasing.

The solution is to act proactively. We value responsibility, so taking care of our financial resources and buying goods wisely should become second nature. How? Before going to a store – grocery store, department store and any place you might be tempted to whip out the wallet – make a list of what you need to buy and fervently stick to it.

We can avoid a second trap – paying full price – by shopping around for the best price. If a dealer offers you a car for half price, most of us perk up and listen. Yet, we often neglect to look for better deals. Grocery stores, for example, make it easy. Every week they send out the food ads, which highlight something called loss leaders. The store actually breaks even or loses profits on these items, but the goal of these ads is to get you into the store so you can buy other items at full price.

**This and That.** Perhaps the biggest trap is the dollar-here-dollar-there spending. Here's what we often rationalize: A pack of gum doesn't seem like much; a bottle of water is pretty cheap; those soft serve ice creams for the kids are less than a dollar each. Add these items together, though, and you'll find five or more dollars less in your wallet.

There's nothing wrong with nickel-and-diming yourself; just don't nickel and dime your budget to death. I make sure I keep my miscellaneous spending in check by keeping a limited amount of cash in my wallet. Then when the money's gone, so is the spending. (Be sure and keep the receipts from these little expenses to see if you are staying within your allotment!)

The main thing to remember is that overspending is a trap, and it takes a great deal of planning to keep out of. Luckily for us we're smarter than crawdads.

# Ashes, Palms and Fish: What is Lent?

edited from *Tulsa World* 2/7/2008

Most of us saw Margi Gras' Fat Tuesday celebrations on the news: floats, beads, and all that is New Orleans. Fat Tuesday marks the day before Lent. But most of us probably don't know much about Lent other than what happens the day before.

Lent begins with Ash Wednesday, when worshipers receive a mark of ashes on their foreheads. Ashes used in the service are made from palms used in the previous year's Palm Sunday service. Palm Sunday is the Sunday prior to Easter and celebrates the recognition of Jesus as the Messiah in Jerusalem. At St. Mary's Catholic Church, near Brookside, the Rev. Gary Kastl notes, "The ashes are a reminder that we came from dust, and to dust we shall return," Kastl said. "It reminds us of our own mortality, and our utter dependence on God." This idea of utter dependence is the theme of Lent and the Easter season.

Kastl said Lent is a time when Catholics prepare for the celebration of Easter, the resurrection of Christ. "We invite people to reflect on areas of their lives in which they need to grow closer to Christ," he said. During Lent, Catholics focus on prayer, giving and fasting, he said. Fasting is not a fat or a token, Kastl said, but is done for a specific purpose: conversion, a permanent life change that goes beyond the Lenten period. For example, someone who struggles with overeating might choose to fast from certain foods in order to learn temperance in that area. Most Catholics give up things such as desserts, soft drinks or watching television. Kastl said one group of University of Tulsa students is giving up Facebook, a hugely popular social networking Web site.

Catholics are expected to abstain from meat (other than fish) on Fridays through the Lenten period. Lent in the Catholic Church ends with the Lord's Supper on Maundy Thursday, or Holy Thursday, which is March 20 this year, three days before Easter Sunday.

Ash Wednesday marks the beginning of Lent for Catholics, Anglicans and most Protestants, but not for all Christians. The Orthodox church, the vast eastern arm of Christianity, will begin Great Lent on the evening of March 9 and end it on April 18. Orthodox Christians follow a strict pattern of prayer, giving to the poor and fasting from all meat and dairy products during Lent.

Most Protestants mark the end of Lent at Easter, which celebrates the resurrection of Jesus Christ. Protestants typically celebrate with special Sunday services, dinners, giving, and family activities.

**In Brady Heights, the Church of St. Jerome typically holds a special egg hunt the Saturday before Easter. Centenary UMC will also celebrate with services to highlight the event on Easter Sunday.**



### Tulsa Preservation Commission NOTICE

If you are planning updates to your home you will need a Certificate of Appropriateness for any action to the viewable exterior, other than painting.

**Contact the Preservation Commission at 596-2600 or visit their website: [tulsapreservationcommission.org](http://tulsapreservationcommission.org)**

BHNA Membership is open to residents, property owners, churches, and businesses within Brady Heights. Annual dues are \$10 per year and tax-deductible donations are gladly accepted. To support BHNA, with dues or donations, make your check or money order out to BHNA and send to:

Richard Barnett  
c/o BHNA 904 N. Cheyenne Ave,  
Tulsa, OK 74106.

Or come to the next BHNA monthly meeting, join up, and get to know your neighbors. Make this year the year you get involved and make a difference in your community – beginning here in Brady Heights!

### 2008 BRADY HEIGHTS OFFICERS

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## BOA approved John 3:16 Expansion – Area residents and businesses file appeals

At a public hearing on February 12, 2008, the Board of Adjustment of the City of Tulsa approved of a Special Exception zoning request (Case No. BOA-20604) of the John 3:16 Mission to permit the use of a Transitional Living Center, Homeless Center, Emergency and Protective Shelter, and a Residential Treatment Center in the Central Business District in downtown Tulsa and to permit said uses within a half mile of similar uses.

The zoning case public hearing was lengthy, lasting over two hours and resulted in a split 3-2 decision by the Board of Adjustment (BOA) in favor of the Special Exception. Representatives from Brady Heights, Owen Park, Crosbie Heights, Downtown Tulsa Unlimited, the BOK Arena, and the Brady Village all spoke against the proposed zoning change, raising concerns of safety, nuisance, disruption of business and other adverse economic impacts.

In approving the Special Exception, the BOA in essence acknowledged that

the expansion of John 3:16 Mission activities may have negative effects on surrounding properties and neighborhoods, yet those negative effects were not so great as to outweigh the benefits and justification given for the proposed John 3:16 expansion.

Following the approval of the Special Exception, a number of legal appeals to challenge the BOA action were filed in the Tulsa County District Court. These appeals were filed by property owners from the Brady Village, Brady Heights and Crosbie Heights.

In making their appeals, the appellants must persuade the District Court judge that the decision of the Board of Adjustment to approve the Special Exception for John 3:16 is not in harmony with the spirit and intent of the Zoning Code and that it will be injurious to the downtown area and the surrounding residential neighborhoods and detrimental to the public welfare.

## Dispose of household hazards – April 5-6

You may not realize it, but your home is likely filled with all sorts of dangerous and hazardous waste. Many everyday products such as paint and lawn chemicals can be dangerous if used or stored improperly, and cause serious environmental damage if tossed in the trash or poured down the drain. Start off by learning safer alternatives to some products, and find out how to use, store and transport such products properly. Most importantly, when done with them, bring your pollutants to the The Metropolitan Environmental Trust's (M.e.t.) twice-annual Household Pollution Collection Event. This event will take

place April 5-6 at Gate 7 of the Tulsa Fairgrounds. Items accepted include: household cleaners, pesticides, fertilizers, automotive fluids, cooking oil, batteries, all fluorescent light bulbs, small ammunition, smoke alarms, aerosol paint, hobby paint, pool chemicals, items containing mercury and unused or out of date prescription medications.

Items NOT accepted at the event include latex paint, tires, computers, radioactive waste and commercial waste. To dispose of latex paint, remove the lid and let paint completely dry. Place cans of dry paint next to regular residential trash for pick up.

Your Realtor, Your Brady Heights Neighbor  
[bradyheightsrealtor.com](http://bradyheightsrealtor.com)



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