



AUGUST 2008

BRADY REGISTER

BRADY HEIGHTS NEIGHBORHOOD ASSOCIATION, INC.

Go Green and win throughout the month of August. First, try commuting another way (bike, bus, carpool, telecommute, or compress your work week). Then log at least one trip during any week of August on the commute tracker, and you'll be entered to win a free "commuter prize pack" from Green Traveler. They will be giving away two each week. At the end of the month, they will draw one lucky commuter who has logged one trip every full week of August to win the grand prize - their choice of a \$50 gift card for a local gas station, a \$50 gift certificate to a local bike shop, or a Tulsa Transit 31-day unlimited ride pass.

New to the Green Traveler? Watch the video (on the Green Traveler homepage) about starting an account and using the commuter calendar to Go Green and win!

**Commuter
Challenge:
Bike, Bus,
Buddy Up
and Win!**

Visit green-traveler.org



If you are interested in showing your hand-made goods, fashions or art, you can find an application for the Emporium online at www.indieemporium.com/participate.html

IndieEmporium
Tulsa, Oklahoma October 10 & 11, 2008

We first profiled BHHD neighbor Tara Mason-Harris, who lives in the 900 block of North Denver, in our June newsletter. She is the founder of the Tulsa Craft Mafia, which provides a network for local handmade craftspeople. One of the major events of the Craft Mafia is its (now) annual Indie Emporium.

Indie Emporium first took place in October of 2007 with hundreds of shoppers and friends in the Mathews

Warehouse in beautiful downtown Tulsa. During this first event, they had 36 vendors, 10 gallery artists, and 5 runway designers participating. It was a tremendous success for local handcrafts.

The 2008 Indie Emporium will be held October 10 and 11 at the VFW Post 577, on 6th street, just outside of the IDL and across from Centennial Park. They hope to return to the Mathews Warehouse in 2010 after its renovation into a new art

space. Again, they will have the hippest craft vendors, a fashion show of handmade clothing and accessories, make-and-take crafting stations, a fine arts gallery space, and demos led by fabulously crafty people!

Brady Heights Neighborhood Monthly Meeting

Saturday, August 16, 10 am

Centenary Methodist Church, Golden and North Denver

Read the blog at Brady Heights
www.bradyheights.org

Owen Park Recreation Center grand opening Sept. 2

The Tulsa Park and Recreation Owen Park at 560 North Maybelle will re-open Tuesday, September 2, 2008.

Hours will be Monday and Thursday 8:30 am-8:30 pm, Tuesday 8:30 am-9:00 pm, Wednesday and Friday 8:30 am-5 pm, and Saturday 8:30 am-3 pm.

A special Owen Park Preview night will be held August 25 and 28, 6-9 pm. On Monday, Aug. 25, Tulsa Parks will

showcase Tae Kwon Do, Zumba, fitness room activities and a children's craft. On Thursday, Aug. 28 Tulsa Parks will showcase dance classes, fitness room activities and a children's craft.

Vicki Henry, vhenry@ci.tulsa.ok.us needs two volunteers to work the refreshment table at the two preview nights.

A Fall class and activities booklet is

now available and will be at the next Brady Heights' meeting on August 16.

Upcoming classes included: CPR, First Aid, Free Time Fitness, Wall this Way, Zumba, Chair Steppers, Cheer Tumbling, Hip Hop Dance, Rhythmic Gymnastics, Parent and Tot Fitness Class, and a lot of holiday activities. Enroll online at www.tulsaparks.org.

Citizen Input For Disaster Planning

The City of Tulsa is requesting input from Tulsa citizens to help reduce deaths, injuries, disruption and destruction from tornados, ice storms, floods and other natural disasters. A series of meetings is being held to allow the citizens of Tulsa to offer suggestions and express their concerns regarding future disasters that sooner or later will have an impact on Tulsa. "It's not a question of if another disaster will hit Tulsa, it's a question of when" stated Bill Robison, Special Projects Engineer for the City of Tulsa.

Three different climate zones converge in Northeast Oklahoma frequently causing severe weather conditions. Last year a record setting nine federally declared disasters impacted the state. The tornado that recently ripped through Picher could just have easily hit Tulsa. Several tornados devastated Oklahoma on June 8, 1974 leaving 18 Tulsans dead. In addition to tornados, Tulsa is also subjected to disasters from ice storms, drought, floods, dust storms, wild fires, extreme heat, high winds,

lightning and hail.

After the Multi-Hazard Mitigation Plan is filed, FEMA will fund up to 75%

**Did you know?
Heat kills more people
each year than
tornados, lightening,
floods, and hurricanes
combined. Only cold
provokes more
weather-related
deaths.**

of the eligible projects to protect the citizens of Tulsa and keep our government running. For a project to be eligible for FEMA grant funding it must be included as part of the community's

Hazard Mitigation Plan. Continuity of government is FEMA's major objective, if the government is out of business; we're all out of business.

The upcoming Multi-Hazard Mitigation Planning meeting schedule is as follows:

- 8/4/08 6:30 pm, in the Martin Regional Library, 2601 S. Garnett
- 8/11/08 6:30 pm, in the Rudisill Regional Library, 1520 N. Hartford Ave.
- 8/19/08 6:30 pm, in the Francis Campbell Meeting Room, 200 Civic Center, Plaza Level

For more information contact: Bill Robison, Senior Special Projects Engineer, Storm Water Planning 596-9475 brobison@cityoftulsa.org. Citizens who would like to review the current Multi-Hazard Mitigation Plan or cannot attend one of the meetings may offer their input by logging on to the City of Tulsa web site at: www.cityoftulsa.org then click on Public Safety and then click on Hazard Mitigation.

Cooper's – Apache and Boston

Right on the corner of Apache and Boston is Al Cooper's Fresh Fruit and Vegetable Stand. He's been on the same corner for 43 years Store hours are 9-7, Monday-Saturday, most produce is grown in Red Bird. In season now are green beans, peaches, plums, tomatoes, purple hull peas, onions, melons and of course HOT ROASTED PEANUTS.

Check out why Al's slogan is "Shopping can be fun with Cooper".



Shoe Drive for West Africa

During August and September, area community groups and churches will be collecting used shoes for economic development in West Africa. What do shoes have to do with economics, you might ask? The shoes are used by local pastors and development leaders to supply start-up shoe stores. Leaders of the effort say that the resulting employment is far more effective, and respected, than donations to effect long-term economic change. The stores employ local persons, who otherwise would not have income. By providing the products for sale, our

donations allow almost all returns to go back into wages.

The goal of the current shoe drive is to collect 10,000 pairs of used men's, women's and children's shoes during August and September. The shoes can be flip-flops, heels, tennis shoes, dress shoes, whatever! The shoes will be packaged into a shipping container and taken to Banjul, The Gambia for distribution. If you would like additional information please contact Michelle at 592-9135 or drop your used shoes by 1119 North Denver.

Brady Heights' Symphonie Cooks Competes in Junior Olympic Track and Field Championship

With roots tracing back to Ancient Greece, track and field is the centerpiece of the Olympic Games. From the 100 meter dash to the discus throw, athletes set new standards for excellence in sport. America's next generation of track and field stars competed throughout the summer - and only the select qualified for the USATF National Junior Olympic Track & Field Championships held during the last week of July. Among these was our own Symphonie Cooks, who lives on the 1100 block of North Denver.

Symphonie competes in the 400 meter dash, mile relay, and long jump. Along the road to the championships, Symphonie was named District and State Champion in the long jump and mile relay. She also placed fifth in the 400 meter dash in Oklahoma competition. She

then progressed to regional competition, which pitted her against athletes from Oklahoma, Missouri, Kansas, and Arkansas. There she received a silver medal in the long jump and mile relay. These two medals opened the door to the USATF Junior Olympic national championships.

The championships were held July 22-27 in Omaha, Nebraska. Though she didn't bring home the gold, Symphonie is already looking forward to next year. Symphonie runs for the Oklahoma Jaguars and is coached by her father, DeWayne Cooks. She is also a student in the KIPP middle school program. Congratulations to Symphonie on this and, I'm certain, many more accomplishments to come.

Brady Heights Neighborhood Walk

The Brady Heights Neighborhood Association invites you to walk the neighborhood with your neighbors. Every Sunday evening at 7:30 pm (NEW TIME) we start our walks at our beautiful community garden located at 1146 N Cheyenne. Strollers welcome! Join us.

Two Brady grey tabby kittens

Anyone need a bundle of cuteness? 2 Kittens and 1 Mom - Kittens are just weaned, all trained to litter and very sweet - not fixed yet.....mom is ready to move in. Call Jonathan 584-5787 691-3984 or celina@meandmymac.com for information.



Living Arts Events for August

Living Arts of Tulsa is the first recipient in Oklahoma to receive funding from the Andy Warhol Foundation. We have just received notice that we have been selected to receive the coveted Warhol Initiatives funding which will aid Living Arts in its capacity building strategy.

Thru August 28 - ACTIVE OPTIMISM - Installation by Ok City artist Russell Bellamy - Contemporary Sculpture - many of which are swings.

7-28 EXHIBIT: THE GREAT ICE CREAM CONE GIVE AWAY - Fayetteville, AR artist Alison Carter - Liggett Studio

7-23 Spoken Word Series, CHANGE - Poetry Series Curated by Confidence

Community Gardeners



There seems to be some herbs and veggies going to seed in some garden boxes, so I thought I would encourage some of you to try some recipes that always need a lot of something fresh. With a bottle of lemon juice, olive oil and a couple of cans of beans, you can eat like you're at your favorite restaurant every night. - Celina Burkhart
FYI: Most herbs are at their best for drying right before they bloom, but its not too late.

Pesto for pizza (put in food processor or grinder)

- 2 cups basil leaves
- 3 garlic cloves
- 1/2 cup of pine nuts
- 1/2 cup olive oil
- 1/4 cup parmesan cheese

Taboli requires a lot fresh parsley

- 5 cups fresh parsley
- 4 cups tomatoes
- 2 cups cucumber
- 1 cup green onion
- 1.5 cups lemon juice
- 1 cup olive oil
- and of course bulgur wheat

Bean salad (my recipe)

- 1 zucchini
- 1 can black beans
- 1 can garbanzo beans
- 3 ears par-boiled fresh corn, cut in planks
- 1 bunch cilantro
- 1 cup lemon juice
- 1 cup olive oil
- 1 bunch green onion
- 1 hot pepper
- 1 green pepper

Drying Herbs

- Cut at base with stems attached, rinse and hang upsidedown in dark room

Gazpacho

- 2 cloves garlic
- 2 slices cubed bread or dry bread crumbs
- 1/2 cup olive oil
- 8 tomatoes
- 1 green pepper
- 1 cucumber
- 1 bunch green onions
- 1 bunch parsley
- 1/2 cup fresh basil
- 2 T lemon juice

- Chop, chill and add ice water and cold white wine (optional) before serving

2008 BRADY HEIGHTS OFFICERS

President - Nathan Pickard,
nathan@urbanlad.com,
734-0287

Vice Pres. - Jeremy Brennan
Treasurer - Jenna Brennan
Secretary - Mike Kiem

2008 BRADY HEIGHTS BOARD OF DIRECTORS

George Aveilhe	Kevin Thompson
Jana Aveilhe	AJ McIntosh
Kristin Pickard	Kim Williams
Michelle Barnett	Celina Burkhart
Marissa Carter	Tim Lovell

Tulsa Preservation Commission: 596-2600
BHNA Representative: Tim Williams

Coalition of Historic Neighborhoods
BHNA Representative: Paul White

**Need some authentic 1920s wood trim for your house?
Call Alan at 348-2721**



Tulsa Preservation Commission NOTICE

If you are planning updates to your home you will need a Certificate of Appropriateness for any action to the viewable exterior, other than painting.

Contact the Preservation Commission at 596-2600
tulsapreservationcommission.org

BHNA Membership is open to residents, property owners, churches, and businesses within Brady Heights. Annual dues are \$10 per year and tax-deductible donations are gladly accepted. To support BHNA, with dues or donations, make your check or money order out to BHNA and send to:

Jenna Brennan
c/o BHNA 1160 N. Cheyenne Ave,
Tulsa, OK 74106.

Or come to the next BHNA monthly meeting, join up, and get to know your neighbors. Make this year the year you get involved and make a difference in your community – beginning here in Brady Heights!

Important Numbers to ensure A Great Neighborhood

- Non-Emergency Police/Fire 596-9222
- Crime Stoppers 596-2677
- Animal Control Weekdays 669-6299
- Afterhours 596-9222
- Bulk Waste Collection 596-9777
- Dept. of Human Services 430-2300
- Mayor's Action Center 596-2100
 - e.g. Illegal Dumping, Pot Holes, Street Lights, Traffic Signs
- Mosquito Control 595-4200
- Neighborhood Inspections 596-7698
 - e.g. Abandoned Cars, Code Enforcement
- Preservation Commission 596-2600
- Recycling 596-2859
- Truancy Reports 746-6249
- Uniform Division North (Police) 591-4100
- Councilor Henderson 596-1990
- U.S. Sen. Coburn 581-7651
- U.S. Sen. Inhofe 748-5111
- U.S. Rep. Sullivan 749-0014
- State Sen. McIntyre 405-521-5598
- State Rep. Shumate 405-557-7406

BradyHeightsRealtor.com

Brady Heights' Whit Smith with Hot Club of Cowtown Plays Union Station August 21

Finally, Hot Club will play in Tulsa again! Hot Club of Cowtown tours worldwide and features two local musicians: Whit Smith and Jake Erwin. Whit lives in BHHD, on the 1100 block of North Denver. Hot Club has not played at Cain's or in Tulsa since 2006 so this is a great introduction to their jazzy western swing. If you've ever had the chance to hear Hot Club play, either on CD or at one of Whit's backyard sessions, you

won't want to miss this chance to see them live at Cains.

This will also be the show to kick off their new CD release - "The Best of Hot Club of Cowtown" a compilation of their first 5 CDs to be released by Shout! Factory Label. More info on their tour dates and the band at the website:

http://www.hotclubofcowtown.com/tour_dates_pg.htm



Classified ads are available to residents and property owners in Brady Heights for no fee. If you have a wanted or sale ad, please submit to Richmish@sbcglobal.com. We know many people in the neighborhood who do everything from handyman work to dog walking and from catering to coaching. Wouldn't you love some free advertising? Just let us know what the Brady Register can do for you!

Your Brady Heights Neighborhood Advocate

bradyheightsrealtor.com



Julia Courcier - 918.906.6812